

ZMAX CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LITTLE DRAGONS AGES 2-6 10 - 10:30 AM	LITTLE DRAGONS AGES 2-6 10 - 10:30 AM		LITTLE DRAGONS AGES 2-6 10 - 10:30 AM		LITTLE DRAGONS AGES 2-6 8:45 - 9:15 AM
					KMDI KRAV MAGA ALL AGES 6+ 9:30 - 10:00 AM
LITTLE DRAGONS AGES 2-6 4:30 - 5:00 PM	TAEKYUN JUNIORS 6-10 4:30 - 5:15 PM	LITTLE DRAGONS AGES 2-6 4:30 - 5:00 PM	LITTLE DRAGONS AGES 2-6 4:30 - 4:55 PM		TAEKYUN ALL AGES 6+ 10:00 - 10:45 AM
KMDI KRAV MAGA KIDS 6-10 5:00 - 5:30 PM	TAEKYUN YOUTH/ADULT (11+) 5:15 - 6 PM	FIGHTING FIT ALL AGES 6+ 5:00 - 5:30 PM	TAEKYUN JUNIORS/YOUTH 6-15 5:00 - 5:45 PM		KOREAN SWORDS AGES 7+ 10:45 - 11:30 AM
KOREAN SWORDS AGES 7+ 5:30 - 6:15 PM	FIGHTING FIT YOUTH/ADULT 5:45 - 6:15 PM	KMDI KRAV MAGA YOUTH/ADULT 6 - 6:45 PM	TAEKYUN ALL AGES 6+ 5:30 - 6:15 PM	KMDI KRAV MAGA YOUTH/ADULT 5:45 - 6:30 PM	
KMDI KRAV MAGA YOUTH/ADULT 6:15 - 7:00 PM		KOREAN SWORDS AGES 7+ 6:15 - 7:00 PM			
MMA TEEN/ADULT 7 - 8:00 PM		MMA TEEN/ADULT 7 - 8:00 PM			